

JANUARY 2025

YOUTH

STATION

The one-stop shop on the track to success

Happy New Year!

2025

We hope all of you take this time to set clear intentions for your goals and help support the youth in developing theirs for the new year. We look forward to supporting you and the youth in 2025 as you work to achieve them.

— Your Youth Services Team



Life Skills

NEWSLETTER

January 2025

Talking to Teens about College & Careers

Encouraging conversations about college and career preparation is crucial for a young person's future. These conversations should focus on the youth's goals, strengths and interests. An interest survey can be a great way to start brainstorming (see the link to the right).

Assisting with **research** can be incredibly helpful to a youth. Help youth determine what certifications, licensures or degrees are needed for careers of interest. Use the Training Finder (resource link below) to explore and find training and career preparation in the area. Use the chart below to broaden their understanding of the differences between college degrees, certifications and other career preparation options. Facilitating these conversations can be incredibly consequential to the direction of a young person's life.

Career Interest Assessment

If a youth is uncertain about the careers they would like to pursue, an interest survey may be a great place to start the conversation.

Check out the one below.

<https://www.careeronestop.org/Toolkit/Careers/interest-assessment.aspx>



Resources

TRAINING FINDER

<https://www.careeronestop.org/FindTraining/find-training.aspx>

CERTIFICATION FINDER

<https://www.careeronestop.org/Toolkit/Training/find-certifications.aspx>

LICENSE FINDER

<https://www.careeronestop.org/Toolkit/Training/find-licenses.aspx>

ARTICLE

<https://www.linkedin.com/pulse/5-effective-ways-have-career-discussions-your-teenage-sathyavolu#:~:text=Talk%20to%20your%20teenagers%20about,excel%20in%20their%20chosen%20field.>

Find the training option that best meets your career needs.

What kind of training will help you most? That may depend on your goals or experience, how much the training costs, or how much time you have available. Review the chart below to broaden your understanding of career preparation options.

Education/Training	What's this?	How long will it take?	How will it help me?
High school equivalency	An alternative to a high school diploma, usually earned by taking the GED or another approved exam	Test: usually 1 day Prep: as long as you need	• Qualify for many jobs • Qualify to enter college or training program
Adult Basic Education	Usually free classes in basic skills, English as a second language, life skills, and more	1 month to ongoing	• Learn English or improve literacy • Brush up math, computer, work readiness • Improve entry-level job prospects
Short-term training	Short classes offered through community organizations or programs at schools that last two years or less	1 session to 2 years	• Learn or refresh skills such as software, business, language, or others • Qualify for many jobs • Advance in a career
College Degree	A credential you earn by completing a 2-or 4-year program at a public or private college or university	2 to 4 years	• Required for many professional careers • Advance in a career
Certification	A credential that you earn by taking a test to prove your knowledge or skills	Test: 1 day May require work experience and/or training	• Meet job requirements or preferences • Stay competitive in your field
Apprenticeship	A formal combination of training and full-time paid job. Offered for hundreds of occupations through employers, unions and associations.	1 to 6 years	• Enter a high-skills, high-pay field • Train while earning wages
Internship	Formal on-the-job training, usually unpaid	1 month to 1 year	• Gain work experience and contacts to help break into a field • Explore a career of interest



JOB BOARD



ORLANDO CAREER FAiR

Monday, Jan. 13

9:30 a.m. – 12:30 p.m.

Hilton Orlando

6001 Destination Parkway

Orlando, FL 32819

[Orlando Career Fair Tickets, Mon, Jan 13, 2025 at 9:30 AM | Eventbrite](#)

ANNUAL MAYOR'S JOB FAiR

Wednesday, Jan. 29

12 p.m. – 4 p.m.

Central Florida Fairgrounds, Expo Buildings

4603 West Colonial Drive, Orlando, FL 32808

[CFEC Job Fair](#)



RESOURCE CORNER



The mission of GED Fast Track with WAYS is to empower individuals without a GED by offering tailored education and training through personalized tutoring and mentorship in Brevard County.



**Youth must be able to commit to a five-week program,
Monday–Thursday, 9 a.m. – 3:30 p.m.**



IN THE SPOTLIGHT

Winter Wonderland 2024 was a night to remember! Thank you to everyone who joined us.



EXTRA, EXTRA

Use this as a guide to set your 2025 goals or create your vision boards.

“Setting goals is the first step in turning the invisible into the visible.” — Tony Robbins

